

# Foremost Caterers at The Heritage Café

## *Lunch menu*

### *Soups*

**\$4.75**

#### **Two Selections of Seasonal Soups**

Changes daily

### *Entrees*

All salads served with bread

#### **Asian Grilled Salmon and Noodle Salad**

**\$9.50**

Salmon on Asian rice noodles with cucumbers,  
shredded carrots, roasted peanuts, cilantro  
Asian vinaigrette

#### **Steak and Salsa Salad**

**\$8.95**

Grilled Strips of steak on a bed of romaine lettuce  
topped with chopped red and yellow tomatoes,  
sliced avocado and lime juice

#### **Pecan Chicken Salad**

**\$8.50**

Sliced pecan crusted chicken on a bed of red  
leaf lettuce, radicchio, red onion, tomato,  
radish sprouts, honey Dijon vinaigrette

#### **Vegetarian Stuffed Peppers**

**\$7.50**

Roasted red and yellow peppers filled with  
Israeli couscous salad laced with cucumbers  
zucchini and olives

#### **Warm Mushroom Salad**

**\$7.50**

Roasted herb marinated mixed mushrooms  
on a bed of mesclun greens, endive, cherry  
tomatoes, scallions, red wine shallot vinaigrette

## **Sushi**

**\$6.95**

A selection: California roll, salmon roll, tropical mango roll and vegetable roll served with wasabi, soy sauce and pickled ginger

## **Sandwiches**

### **Salmon Napoleon**

Smoked salmon, tomato, red onion, tofutti lemon dill spread layered on a whole wheat roll

**Lg.      Sm.**  
**\$8.95      \$5.50**

### **Chicken Vegetable Wrap**

Grilled chicken, zucchini, red pepper, and tri color basil slaw in a tomato wrap

**\$8.95      \$4.95**

### **Steak Panini**

Summer grilled steak escarole, sautéed onions, roasted red pepper, roasted garlic spread on a seven grain baguette

**\$8.95      \$4.95**

### **Grilled Vegetable Panini**

Grilled portobello mushroom, zucchini and peppers flavored with basil pesto on a whole wheat roll

**\$8.25      \$4.95**

### **Classic Tuna Salad**

Presented with red leaf lettuce, beefsteak tomato on a focaccia roll

**\$6.95      \$4.95**

### **Classic Egg Salad**

Served on multigrain bread with alfalfa sprouts, mesclun greens, herb roasted tomato

**\$6.50      \$4.95**

## **Special**

**Soup and Small Sandwich or Small Salad \$7.95**

## **Children's special**

**Hot Dog on a Bun or Chicken Fingers \$6.50**

With potato chips, chocolate chip cookie and soda  
(12 or younger)

*Desserts*

Apple Pie	\$4.25
Pecan Tart	\$4.25
Chocolate Truffle Cake	\$4.25
Cherry Pie	\$4.25
Lemon Tart	\$3.75
Carrot Cake	\$3.75
Fresh Fruit Salad	\$4.95
Almond Horn	\$2.50
Assorted Cookies	\$1.95
Muffins	\$1.95
Gourmet Terra Chips	\$1.95

*Beverages*

Sparkling Water	\$2.50
Spring Water	\$2.50
Assorted Fruit Beverages	\$2.50
Iced Tea/Iced Coffee	\$2.00
Assorted Sodas	\$2.00
Selection of Teas	\$1.50
Selection of Flavored Coffees	\$1.50